

CA - Canal d'atténuation d'écoulement de Blaye 1 km

Vacances - WE		Courses habitables		Régate dériveurs	Sortie dériveurs	Voile Loisirs			
MARDI 01	Plaine mer	01h51	4.10m	40	MERCREDI 16	Plaine mer	01h23	4.45m	52
	Basse mer	08h38	0.95m			Basse mer	08h23	0.75m	
	Plaine mer	14h24	3.95m			Plaine mer	14h01	4.35m	
	Basse mer	21h02	0.95m			Basse mer	20h58	0.80m	
Stage sur optimist									
MERCREDI 02	Plaine mer	02h58	4.00m	37	JEUDI 17	Plaine mer	02h41	4.40m	52
	Basse mer	09h45	1.00m			Basse mer	09h43	0.80m	
	Plaine mer	15h36	4.05m			Plaine mer	15h20	4.45m	
	Basse mer	22h25	0.95m			Basse mer	22h20	0.80m	
5 jrs du 31/07 au 04/08									
Sur lac St Christoly de Blaye									
JEUDI 03	Plaine mer	04h06	4.10m	41	VENDREDI 18	Plaine mer	04h02	4.60m	57
	Basse mer	11h07	0.95m			Basse mer	11h07	0.80m	
	Plaine mer	16h40	4.25m			Plaine mer	16h36	4.80m	
	Basse mer	23h33	0.85m			Basse mer	23h45	0.75m	
Stage matin 8h30-11h30									
VENDREDI 04	Plaine mer	05h05	4.30m	48	SAMEDI 19	Plaine mer	05h09	4.85m	68
	Basse mer	12h01	0.90m			Basse mer	12h26	0.75m	
	Plaine mer	17h31	4.55m			Plaine mer	17h38	5.20m	
	Basse mer					Basse mer			
Stage Apres midi 13h-16h									
SAMEDI 05	Basse mer	00h28	0.80m	57	DIMANCHE 20	Plaine mer	01h02	0.55m	81
	Plaine mer	05h51	4.55m			Basse mer	06h05	5.05m	
	Basse mer	12h52	0.80m			Plaine mer	13h33	0.60m	
	Plaine mer	18h11	4.80m			Plaine mer	18h30	5.45m	
DIMANCHE 06	Basse mer	01h18	0.70m	66	LUNDI 21	Basse mer	02h01	0.40m	82
	Plaine mer	06h30	4.75m			Plaine mer	06h53	5.30m	
	Basse mer	13h42	0.75m			Basse mer	14h27	0.45m	
	Plaine mer	18h48	4.95m			Plaine mer	18h09	5.65m	
2 Stages sur optimist									
LUNDI 07	Basse mer	02h06	0.60m	74	MARDI 22	Basse mer	02h53	0.35m	89
	Plaine mer	07h06	4.85m			Plaine mer	07h05	5.40m	
	Basse mer	14h25	0.60m			Basse mer	15h15	0.40m	
	Plaine mer	19h23	5.15m			Plaine mer	20h00	5.75m	
5 jrs du 21 au 25 Aout									
Sur lac St Christoly de Blaye									
MARDI 08	Basse mer	02h47	0.50m	80	MERCREDI 23	Basse mer	03h37	0.30m	101
	Plaine mer	07h44	4.95m			Plaine mer	03h37	0.30m	
	Basse mer	15h05	0.55m			Basse mer	15h57	0.35m	
	Plaine mer	19h58	5.25m			Plaine mer	20h41	5.65m	
1 Stage matin 8h30-11h30									
MERCREDI 09	Basse mer	03h26	0.45m	85	JEUDI 24	Basse mer	04h15	0.30m	99
	Plaine mer	08h22	5.00m			Basse mer	09h08	5.30m	
	Basse mer	15h42	0.50m			Basse mer	16h34	0.35m	
	Plaine mer	20h34	5.30m			Plaine mer	21h20	5.50m	
1 Stage Apres midi 13h-16h									
JEUDI 10	Basse mer	04h03	0.45m	87	VENDREDI 25	Basse mer	04h49	0.30m	92
	Plaine mer	09h00	5.05m			Plaine mer	09h46	5.15m	
	Basse mer	16h19	0.50m			Basse mer	17h54	5.25m	
	Plaine mer	21h10	5.30m			Plaine mer	21h54	5.25m	
Les stages se dérouleront									
Sous réserve de 4 participants minimum / stage									
VENDREDI 11	Basse mer	04h41	0.40m	86	SAMEDI 26	Plaine mer	05h19	0.40m	82
	Plaine mer	09h39	5.00m			Basse mer	10h22	4.90m	
	Basse mer	16h56	0.50m			Basse mer	17h36	0.50m	
	Plaine mer	21h46	5.25m			Plaine mer	22h27	4.95m	
Sortie dériveur Greg 9h13h									
SAMEDI 12	Basse mer	05h18	0.45m	83	DIMANCHE 27	Basse mer	05h44	0.55m	69
	Plaine mer	10h21	4.95m			Plaine mer	10h57	4.65m	
	Basse mer	17h34	0.50m			Basse mer	17h59	0.60m	
	Plaine mer	22h26	5.15m			Plaine mer	23h16	4.60m	
Sortie dériveur Greg 9h13h									
DIMANCHE 13	Basse mer	05h56	0.50m	76	LUNDI 28	Basse mer	06h11	0.70m	56
	Plaine mer	11h04	4.80m			Plaine mer	11h33	4.35m	
	Basse mer	18h12	0.60m			Basse mer	18h29	0.80m	
	Plaine mer	23h23	4.90m			Plaine mer	23h56	4.25m	
LUNDI 14	Basse mer	06h34	0.55m	67	MARDI 29	Basse mer	06h43	0.85m	43
	Plaine mer	11h53	4.65m			Plaine mer	12h17	4.05m	
	Basse mer	18h53	0.70m			Basse mer	19h05	0.95m	
	Basse mer					Basse mer			
Régate dériveur 12H SA									
MARDI 15	Plaine mer	00h17	4.70m	58	MERCREDI 30	Plaine mer	00h49	3.95m	33
	Basse mer	07h20	0.60m			Basse mer	07h31	1.00m	
	Plaine mer	12h51	4.45m			Plaine mer	13h22	3.85m	
	Basse mer	19h49	0.75m			Basse mer	20h06	1.05m	
La Maison du Menuisier									
Ville de Blaye									
MERCREDI 16	Plaine mer	01h58	3.80m	31	JEUDI 31	Plaine mer	01h58	3.80m	31
	Basse mer	08h44	1.10m			Basse mer	08h44	1.10m	
	Plaine mer	14h43	3.85m			Plaine mer	14h43	3.85m	
	Basse mer	21h31	1.05m			Basse mer	21h31	1.05m	

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SA = Signal d'attention ~départ Prévoir d'arriver 1 h avant

Vacances - WE		Courses habitables		Régate dériveurs	Sortie dériveurs	Voile Loisirs			
VENDREDI 01	Pleine mer	03h20	3.95m	33	Régate dériveur 15H SA SAMEDI 16 Bouygues Télécom Restaurant Le Carma	Pleine mer	03h53	4.40m	53
	Basse mer	10h07	1.10m			Basse mer	10h56	0.85m	
	Pleine mer	16h02	4.10m			Pleine mer	16h27	4.75m	
	Basse mer	22h50	0.95m			Basse mer	23h31	0.85m	
SAMEDI 02 Pérol, BIP groupe Maison-Familiale-Rurale	Pleine mer	04h31	4.15m	42	Régate Habit DIMANCHE 17 Pauillac 09H SA	Pleine mer	05h01	4.15m	56
	Basse mer	11h22	1.00m			Basse mer	12h13	0.80m	
	Pleine mer	17h01	4.40m			Pleine mer	17h29	5.15m	
	Basse mer	23h56	0.85m			Basse mer	00h29	0.60m	
DIMANCHE 03 Régate Habitables Troque sel ?H SA	Pleine mer	12h21	0.90m	60	Sortie dériveur Greg 15h19h	Pleine mer	00h47	0.60m	80
	Basse mer	17h46	4.75m			Pleine mer	05h53	5.00m	
	Pleine mer	17h46	4.75m			Basse mer	13h17	0.70m	
	Basse mer	15h19h	15h19h			Pleine mer	18h17	5.40m	
LUNDI 04	Basse mer	00h49	0.75m	66	LUNDI 18	Basse mer	01h44	0.45m	90
	Pleine mer	06h06	4.75m			Pleine mer	06h38	5.25m	
	Basse mer	13h15	0.80m			Basse mer	14h08	0.50m	
	Pleine mer	18h26	5.00m			Pleine mer	19h00	5.55m	
MARDI 05	Basse mer	01h40	0.60m	77	MARDI 19	Basse mer	02h30	0.40m	97
	Pleine mer	06h43	4.95m			Pleine mer	07h19	5.35m	
	Basse mer	14h03	0.70m			Basse mer	14h52	0.40m	
	Pleine mer	19h01	5.25m			Pleine mer	19h38	5.60m	
MERCREDI 06	Basse mer	02h24	0.50m	86	MERCREDI 20	Basse mer	03h10	0.35m	99
	Pleine mer	07h19	5.15m			Pleine mer	08h00	5.35m	
	Basse mer	14h44	0.50m			Basse mer	15h30	0.35m	
	Pleine mer	19h36	5.40m			Pleine mer	20h16	5.55m	
JEUDI 07	Basse mer	03h06	0.45m	93	JEUDI 21	Basse mer	03h45	0.35m	97
	Pleine mer	07h58	5.25m			Pleine mer	08h37	5.30m	
	Basse mer	15h24	0.45m			Basse mer	16h03	0.40m	
	Pleine mer	20h13	5.50m			Pleine mer	20h50	5.40m	
VENDREDI 08	Basse mer	03h45	0.40m	96	VENDREDI 22	Basse mer	03h45	0.35m	97
	Pleine mer	08h38	5.30m			Pleine mer	08h37	5.30m	
	Basse mer	16h03	0.40m			Basse mer	16h03	0.40m	
	Pleine mer	20h50	5.50m			Pleine mer	20h50	5.40m	
SAMEDI 09 Sortie dériveur Greg 8h12h	Pleine mer	04h24	0.40m	96	SAMEDI 23	Basse mer	04h16	0.40m	91
	Pleine mer	09h18	5.30m			Pleine mer	09h12	5.15m	
	Basse mer	16h40	0.40m			Basse mer	16h34	0.45m	
	Pleine mer	21h27	5.45m			Pleine mer	21h21	5.20m	
DIMANCHE 10 Sortie dériveur Greg 8h12h	Pleine mer	05h01	0.40m	92	DIMANCHE 24	Basse mer	04h42	0.50m	82
	Pleine mer	09h59	5.20m			Pleine mer	09h45	4.95m	
	Basse mer	17h18	0.40m			Basse mer	16h59	0.55m	
	Pleine mer	22h05	5.30m			Pleine mer	21h50	4.90m	
LUNDI 11	Basse mer	05h38	0.45m	83	LUNDI 25	Basse mer	05h05	0.60m	71
	Pleine mer	10h42	5.00m			Pleine mer	10h16	4.75m	
	Basse mer	17h56	0.50m			Basse mer	17h19	0.60m	
	Pleine mer	22h47	4.95m			Pleine mer	22h20	4.65m	
MARDI 12	Basse mer	06h15	0.55m	71	MARDI 26	Basse mer	05h28	0.75m	58
	Pleine mer	11h28	4.75m			Pleine mer	10h47	4.45m	
	Basse mer	18h34	0.55m			Basse mer	17h45	0.75m	
	Pleine mer	23h53	4.65m			Pleine mer	22h52	4.25m	
MERCREDI 13	Basse mer	06h15	0.55m	71	MERCREDI 27	Basse mer	05h55	0.85m	45
	Pleine mer	11h28	4.75m			Pleine mer	11h24	4.15m	
	Basse mer	18h34	0.55m			Basse mer	18h16	0.95m	
	Pleine mer	23h53	4.65m			Pleine mer	23h52	3.95m	
JEUDI 14	Basse mer	06h58	0.70m	58	JEUDI 28	Basse mer	06h34	1.00m	33
	Pleine mer	12h26	4.45m			Pleine mer	12h19	3.95m	
	Basse mer	19h27	0.70m			Basse mer	19h07	1.10m	
	Pleine mer	01h02	4.35m			Pleine mer	00h59	3.70m	
VENDREDI 15	Basse mer	08h02	0.85m	49	VENDREDI 29	Basse mer	07h46	1.20m	28
	Pleine mer	13h41	4.30m			Pleine mer	13h35	3.80m	
	Basse mer	20h38	0.80m			Basse mer	20h33	1.20m	
	Pleine mer	02h26	4.25m			Pleine mer	02h28	3.75m	
VENDREDI 15	Basse mer	09h27	0.90m	48	SAMEDI 30	Basse mer	09h12	1.20m	29
	Pleine mer	15h08	4.40m			Pleine mer	15h16	4.00m	
	Basse mer	22h06	0.85m			Basse mer	22h05	1.00m	
	Pleine mer	02h26	4.25m			Pleine mer	02h28	3.75m	
VENDREDI 15	Basse mer	09h27	0.90m	49	SAMEDI 30	Basse mer	09h12	1.20m	29
	Pleine mer	15h08	4.40m			Pleine mer	15h16	4.00m	
	Basse mer	22h06	0.85m			Basse mer	22h05	1.00m	
	Pleine mer	02h26	4.25m			Pleine mer	02h28	3.75m	
VENDREDI 15	Basse mer	09h27	0.90m	49	SAMEDI 30	Basse mer	09h12	1.20m	29
	Pleine mer	15h08	4.40m			Pleine mer	15h16	4.00m	
	Basse mer	22h06	0.85m			Basse mer	22h05	1.00m	
	Pleine mer	02h26	4.25m			Pleine mer	02h28	3.75m	
VENDREDI 15	Basse mer	09h27	0.90m	49	SAMEDI 30	Basse mer	09h12	1.20m	29
	Pleine mer	15h08	4.40m			Pleine mer	15h16	4.00m	
	Basse mer	22h06	0.85m			Basse mer	22h05	1.00m	
	Pleine mer	02h26	4.25m			Pleine mer	02h28	3.75m	

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Vacances - WE	Courses habitables	Régate dériveurs	Sortie dériveurs	Voile Loisirs
Sortie dériveur Greg 13h17h DIMANCHE 01	Plaine mer 03h49 4.05m 38 Basse mer 10h37 1.05m Plaine mer 16h26 4.35m 44 Basse mer 23h17 0.90m	0	LUNDI 16	Plaine mer 04h48 4.75m 65 Basse mer 11h56 0.85m Plaine mer 17h14 5.05m 71
LUNDI 02	Plaine mer 04h52 4.40m 51 Basse mer 11h45 0.95m Plaine mer 17h16 4.70m 58	C	MARDI 17	Basse mer 00h29 0.70m 77 Plaine mer 05h37 4.95m Basse mer 12h57 0.70m 82 Plaine mer 18h00 5.30m
MARDI 03	Basse mer 00h15 0.80m 65 Plaine mer 05h37 4.75m Basse mer 12h44 0.85m 72 Plaine mer 17h57 5.00m	T	MERCREDI 18	Basse mer 01h22 0.55m 86 Plaine mer 06h19 5.15m Basse mer 13h45 0.55m 89 Plaine mer 18h40 5.40m
MERCREDI 04	Basse mer 01h12 0.70m 79 Plaine mer 06h16 5.00m Basse mer 13h37 0.70m 85 Plaine mer 18h35 5.30m	O	JEUDI 19	Basse mer 02h05 0.50m 92 Plaine mer 06h57 5.25m Basse mer 14h25 0.45m 93 Plaine mer 19h15 5.45m
JEUDI 05	Basse mer 02h00 0.50m 90 Plaine mer 06h54 5.25m Basse mer 14h21 0.50m 96 Plaine mer 19h12 5.50m	B	VENDREDI 20	Basse mer 02h42 0.45m 94 Plaine mer 07h32 5.30m Basse mer 15h02 0.40m 93 Plaine mer 19h49 5.40m
VENDREDI 06	Basse mer 02h43 0.45m 99 Plaine mer 07h32 5.40m Basse mer 15h05 0.45m 102 Plaine mer 19h51 5.60m	R	SAMEDI 21	Basse mer 03h16 0.45m 92 Plaine mer 08h07 5.25m Basse mer 15h33 0.45m 90 Plaine mer 20h21 5.30m
SAMEDI 07	Basse mer 03h26 0.40m 103 Plaine mer 08h15 5.50m Basse mer 15h46 0.40m 104 Plaine mer 20h30 5.60m	E	DIMANCHE 22	Basse mer 03h45 0.50m 88 Plaine mer 08h40 5.15m Basse mer 16h02 0.50m 85 Plaine mer 20h52 5.15m
DIMANCHE 08	Basse mer 04h06 0.40m 103 Plaine mer 08h57 5.50m Basse mer 16h25 0.35m 101 Plaine mer 21h10 5.55m	2	LUNDI 23	Basse mer 04h11 0.55m 81 Plaine mer 09h12 5.00m Basse mer 16h26 0.55m 76 Plaine mer 21h20 4.90m
LUNDI 09	Basse mer 04h45 0.40m 98 Plaine mer 09h40 5.40m Basse mer 17h03 0.35m 93 Plaine mer 21h49 5.30m	0	MARDI 24	Basse mer 04h32 0.70m 71 Plaine mer 09h42 4.85m Basse mer 16h48 0.60m 66 Plaine mer 21h48 4.65m
MARDI 10	Basse mer 05h23 0.45m 87 Plaine mer 10h25 5.15m Basse mer 17h42 0.40m 80 Plaine mer 22h32 4.95m	1	MERCREDI 25	Basse mer 04h56 0.75m 60 Plaine mer 10h12 4.60m Basse mer 17h13 0.75m 55 Plaine mer 22h19 4.35m
MERCREDI 11	Basse mer 06h02 0.60m 73 Plaine mer 11h12 4.85m Basse mer 18h21 0.50m 66 Plaine mer 23h38 4.60m	7	JEUDI 26	Basse mer 05h23 0.85m 49 Plaine mer 10h47 4.30m Basse mer 17h44 0.90m 44 Plaine mer 23h12 4.05m
JEUDI 12	Basse mer 06h45 0.75m 59 Plaine mer 12h12 4.55m Basse mer 19h15 0.70m 53	0	VENDREDI 27	Basse mer 05h58 0.95m 38 Plaine mer 11h37 4.10m Basse mer 18h26 1.05m 34
VENDREDI 13	Plaine mer 00h50 4.25m 49 Basse mer 07h50 0.90m Plaine mer 13h31 4.35m Basse mer 20h28 0.80m	1	Sortie dériveur Greg 10h14h SAMEDI 28	Basse mer 00h10 3.80m 31 Plaine mer 06h57 1.10m Basse mer 12h50 3.95m Plaine mer 19h39 1.20m
Régate dériveur 14H SA SAMEDI 14 Assurances AXA Point S, Technic Pneus	Basse mer 02h17 4.20m 48 Plaine mer 09h16 0.95m Basse mer 14h58 4.45m 49 Plaine mer 21h56 0.85m	7	Régate Habitables DIMANCHE 29 Pauillac 11h SA	Plaine mer 07h18 1.20m 31 Basse mer 13h43 4.00m Plaine mer 20h10 1.05m 32
Régate Habitables DIMANCHE 15 Pauillac 14H SA	Plaine mer 10h42 0.90m 53 Basse mer 13h17 0.80m Plaine mer 18h42 0.80m 58 Basse mer 23h18 0.80m	0	LUNDI 30	Plaine mer 02h02 4.00m 36 Basse mer 08h45 1.10m Plaine mer 14h43 4.30m Basse mer 21h30 0.90m 42
			MARDI 31	Plaine mer 03h14 4.35m 49 Basse mer 10h02 1.00m Plaine mer 15h42 4.70m Basse mer 22h36 0.80m 56

SA = Signal d'attention ~départ Prévoir d'arriver 1 h avant

Vacances - WE		Courses habitables		Régate dériveurs		Sortie dériveurs		Voile Loisirs				
MERCREDI 01	Plaine mer	04h06	4.75m	63	N	JEUDI 16	Plaine mer	05h00	5.00m	77		
	Basée mer	11h07	0.90m				Basée mer	12h16	0.70m			
	Plaine mer	16h28	5.00m				Plaine mer	17h20	5.20m		80	
	Basée mer	23h38	0.70m									
JEUDI 02	Plaine mer	04h50	5.05m	78	O	VENDREDI 17	Basée mer	00h36	0.60m	83		
	Basée mer	12h06	0.75m				Plaine mer	05h37	5.15m			
	Plaine mer	17h10	5.35m				Basée mer	12h57	0.55m		84	
VENDREDI 03	Basée mer	00h32	0.55m	91	V	SAMEDI 18	Basée mer	01h14	0.55m	85		
	Plaine mer	05h32	5.35m				Plaine mer	06h11	5.20m			
	Basée mer	12h56	0.55m				Basée mer	13h33	0.55m		86	
	Plaine mer	17h51	5.55m				Plaine mer	18h28	5.20m			
SAMEDI 04	Basée mer	01h20	0.45m	101	E	DIMANCHE 19	Basée mer	01h48	0.55m	85		
	Plaine mer	06h12	5.55m				Plaine mer	06h43	5.20m			
	Basée mer	13h44	0.45m				Basée mer	14h06	0.50m		86	
	Plaine mer	18h32	5.65m				Plaine mer	18h59	5.15m			
DIMANCHE 05	Basée mer	02h07	0.40m	106	M	LUNDI 20	Basée mer	02h18	0.55m	83		
	Plaine mer	06h53	5.65m				Plaine mer	07h12	5.15m			
	Basée mer	14h30	0.40m				Basée mer	14h36	0.55m		81	
	Plaine mer	19h13	5.65m				Plaine mer	19h28	5.00m			
LUNDI 06	Basée mer	02h51	0.40m	106	B	MARDI 21	Basée mer	02h46	0.60m	79		
	Plaine mer	07h35	5.65m				Plaine mer	07h44	5.05m			
	Basée mer	15h11	0.35m				Basée mer	15h03	0.60m		76	
	Plaine mer	19h55	5.55m				Plaine mer	19h58	4.85m			
MARDI 07	Basée mer	03h33	0.40m	101	R	MERCREDI 22	Basée mer	03h11	0.70m	72		
	Plaine mer	08h22	5.50m				Plaine mer	08h15	4.95m			
	Basée mer	15h51	0.30m				Basée mer	15h27	0.60m		69	
	Plaine mer	20h38	5.30m				Plaine mer	20h28	4.70m			
MERCREDI 08	Basée mer	04h14	0.50m	91	E	JEUDI 23	Basée mer	03h37	0.75m	65		
	Plaine mer	09h09	5.30m				Plaine mer	08h47	4.75m			
	Basée mer	16h34	0.35m				Basée mer	15h54	0.70m		60	
	Plaine mer	21h25	4.95m				Plaine mer	21h00	4.45m			
JEUDI 09	Basée mer	04h56	0.60m	77	2	VENDREDI 24	Basée mer	04h06	0.80m	56		
	Plaine mer	10h00	5.00m				Plaine mer	09h22	4.55m			
	Basée mer	17h17	0.50m				Basée mer	16h26	0.80m		52	
	Plaine mer	22h16	4.65m				Plaine mer	21h36	4.25m			
VENDREDI 10	Basée mer	05h41	0.80m	63	0	SAMEDI 25	Basée mer	04h41	0.90m	47		
	Plaine mer	11h01	4.75m				Plaine mer	10h05	4.30m			
	Basée mer	18h10	0.60m				Basée mer	17h05	0.90m		43	
	Plaine mer	23h37	4.35m				Plaine mer	22h24	4.05m			
SAMEDI 11	Basée mer	06h43	0.85m	53	1	DIMANCHE 26	Basée mer	05h27	1.00m	40		
	Plaine mer	12h16	4.55m				Plaine mer	11h05	4.15m			
	Basée mer	19h17	0.80m				Basée mer	18h01	1.00m		38	
							Plaine mer	23h44	4.00m			
Régate Habitables		Plaine mer	01h02	4.30m	51	7	LUNDI 27	Basée mer	06h33	1.05m	38	
DIMANCHE 12		Basée mer	07h59	0.90m				Plaine mer	12h23	4.15m		
Pauillac SA 11h30		Plaine mer	13h41	4.55m				Basée mer	19h16	1.00m		40
		Basée mer	20h37	0.85m								
LUNDI 13	Plaine mer	02h22	4.40m	53	0	MARDI 28	Plaine mer	01h08	4.05m	43		
	Basée mer	09h18	0.90m				Basée mer	07h52	1.05m			
	Plaine mer	14h54	4.70m				Plaine mer	13h48	4.30m		54	
	Basée mer	21h52	0.80m				Basée mer	20h39	0.90m			
MARDI 14	Plaine mer	03h26	4.65m	61	1	MERCREDI 29	Plaine mer	02h25	4.30m	48		
	Basée mer	10h27	0.85m				Basée mer	09h13	1.00m			
	Plaine mer	15h53	4.90m				Plaine mer	14h57	4.60m		54	
	Basée mer	22h57	0.75m				Basée mer	21h53	0.80m			
MERCREDI 15	Plaine mer	04h18	4.85m	70	7	JEUDI 30	Plaine mer	03h27	4.70m	60		
	Basée mer	11h27	0.75m				Basée mer	10h24	0.90m			
	Plaine mer	16h40	5.05m				Plaine mer	15h53	4.95m		67	
	Basée mer	23h53	0.70m				Basée mer	23h01	0.75m			